

Citizenship matters: Translating and adapting the Citizenship Measure to Norwegian

Linda Nesse 

Norwegian University of Life Sciences (NMBU), Ås, Norway

Marianne Thorsen Gonzalez

University of South-Eastern Norway (USN), Drammen, Norway

Michael Rowe

Yale University School of Medicine, New Haven, USA

Ruth Kjærsti Raanaas

Norwegian University of Life Sciences (NMBU), Ås, Norway

Abstract

Citizenship is considered intertwined with recovery, and may be a useful perspective for advancing quality of life among marginalised groups. Yet, matters of citizenship among persons with co-occurring substance use and mental health problems both in research and practice. **Aims:** In order to measure citizenship among persons with co-occurring problems in a Norwegian study, a measure of citizenship was translated from English to Norwegian. The aims of the study were to 1) translate and adapt the Citizenship Measure, developed by Rowe and colleagues at the Yale Program for Recovery and Community Health, to Norwegian, and 2) to assess the internal consistency and convergent validity of the Norwegian translated measure. **Methods:** The translation process was carried out using forward and back translation procedures. To examine measurement properties, a convenience sample of 104 residents with co-occurring problems living in supported housing completed the measure. **Results:** Two factors were identified, related to rights, and to

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Corresponding author:

Linda Nesse, Department of Public Health Science, Faculty of Landscape and Society, Norwegian University of Life Sciences (NMBU), Fredrik Dahlsvei 15, PO-Box 5003, Ås, Viken 1432, Norway.

Email: linda.nesse@nmbu.no



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relational citizenship. The Norwegian translation of the Citizenship Measure showed high internal consistency and adequate convergent validity. **Conclusions:** We argue that the measure can be useful in assessing perceived citizenship, and in initiating efforts to support citizenship among persons with co-occurring problems.

Keywords

citizenship questionnaire, cultural adaptation, dual diagnosis, recovery, social inclusion, translation process

Being included as a citizen with equitable opportunities for participation in the community is important for all members of society. Citizenship may have implications for matters of health and quality of life (Tew et al., 2012). In different societies or communities, some citizens may be included, while others may experience social exclusion and restricted citizenship (Lister, 2007). Citizenship can refer to the relationship between a citizen and the state, as well as the relationship between citizens (Lister, 2007). There are different contending views on citizenship. Normative perspectives argue that accessing or achieving citizenship requires the effort and responsibility of the individual person (Vandekinderen et al., 2012). By contrast, relational and inclusive perspectives emphasise the role of the respective society or community in securing inclusion (Lister, 2007; Vandekinderen et al., 2012). In line with relational and inclusive perspectives, citizenship can refer to a perceived sense of belonging in the community through access to essential rights and resources (Rowe et al., 2001).

In the context of substance use and mental health, numerous accounts of experiences of marginalisation and social exclusion suggest that persons with substance use or mental health problems are not afforded full citizenship (e.g., Blank et al., 2016; Hamer et al., 2014; Mezzina et al., 2006; Rowe et al., 2001; Vervliet et al., 2019). In recent years, there has been an increasing emphasis on the potential relevance of citizenship for recovery,

highlighted by scholars in the United States and Canada (e.g., Pelletier et al., 2015; Pelletier et al., 2020; Rowe & Davidson, 2016; Rowe & Pelletier, 2012), and in Europe (e.g., Mezzina et al., 2006; Vandekinderen et al., 2012; Vervliet et al., 2019). It has been suggested that citizenship and recovery are intersecting concepts, and that citizenship may provide a foundation for the recovery process (Pelletier et al., 2015; Rowe & Davidson, 2016). This indicates the particular relevance of assessing and addressing issues of citizenship among persons with substance use and mental health problems. However, citizenship frameworks and perspectives are seldom applied when approaching substance use and mental health problems in research and practice, despite their relevance for the field (Rowe & Davidson, 2016).

While working on a Norwegian research project with emphasis on recovery and related issues among persons with co-occurring substance use and mental health problems (co-occurring problems), we developed an interest in utilising a measure of citizenship. We were unable to identify any existing Norwegian measure on this issue, but became familiar with a relevant measure developed in the United States, namely the Citizenship Measure, developed by Rowe and colleagues (2012). We thus initiated a process of translating this measure of citizenship to Norwegian, in order to be able to measure and address matters of citizenship among persons with co-occurring problems.

Aims

The aims of the study were:

1. To translate and adapt the Citizenship Measure from English to Norwegian.
2. To assess the internal consistency and convergent validity of the Norwegian translation of the Citizenship Measure.

Methods

The Citizenship Measure

To develop a self-report measure of citizenship, Rowe and colleagues (2012) at the Yale Program for Recovery and Community Health used a community-based participatory research approach, based on subjective experiences of what citizenship is and what matters in gaining full citizenship. In the initial stages of the measure development, concept mapping was applied with participants who had experienced different life disruptions, such as homelessness or substance use problems, or no specified life disruption, to develop statements on what citizenship entailed for them (Rowe et al., 2012). Analyses of the statements resulted in the identification of seven domains of citizenship, with 45 items grouped across the following seven domains: “Connectedness” (11 items, e.g., “You are connected to others”), “Government and infrastructure” (four items, e.g., “You would have access to public assistance if needed”), “Caring for others” (four items, e.g., “You take care of family, friends, children, or pets”), “Civil rights” (seven items, e.g., “You have or could have access to adequate housing”), “Legal rights” (five items, e.g., “You have access to adequate healthcare”), “Choice” (nine items, e.g., “Your personal decisions and choices are respected”), and “Participation” (five items, e.g., “You participate in social and recreational activities”). A five-point Likert-scale ranging from 1 (“not at all/never”) to 5 (“very often/always”) was employed. The construct validity and internal consistency of the measure have been tested in

a study in the United States with participants with substance use and/or mental health problems (O’Connell et al., 2017). The measure has also been translated to and validated in French, for use in a Canadian context (Pelletier et al., 2015). The measure is considered to be psychometrically sound (O’Connell et al., 2017; Pelletier et al., 2015), to interrelate with measures of recovery (Pelletier et al., 2015), and may have relevance across different countries and contexts.

Translation and adaptation of the Citizenship Measure to a Norwegian context

The first author contacted Rowe to establish a collaboration with the Norwegian research team. To translate and adapt the Citizenship Measure from English to Norwegian, a set of principles with recommendations for the translation and adaptation of measures was used to guide the process (Wild et al., 2005). The steps include *forward translation*, *reconciliation*, *back translation*, and *cognitive debriefing* (Wild et al., 2005).

Conducting a *forward translation* entails attempts to translate a measure from its original language into a chosen language (Wild et al., 2005). During the forward translation, a minimum of two independent translations should be developed, preferably by native speakers. It is also paramount that the meanings and conceptual foundations of the key concepts are clarified (Wild et al., 2005). In the current study, three researchers in public health science and mental health nursing, who are native speakers of Norwegian, participated in the forward translation. We spent time independently immersed in the original Citizenship Measure to naively develop an understanding of each item, followed by attempts to translate the meaning and core of each item into Norwegian. In this process, three initial forward translations were produced to ensure accuracy, and reduce any

ambiguity and possible biases on the conceptual or item level.

Two *reconciliation* meetings were arranged after developing the initial forward translations, where the group discussed the three translations, aiming to develop one coherent forward translation (Wild et al., 2005). We sought to identify possible issues, difficulties and disagreements, and decide on which formulations should be kept or modified. At this stage, the three forward translations were merged into one forward translation. Furthermore, a translation of the scale for scoring responses was also developed. Following reconciliation, the final forward translation is back translated into the original language of the measure, in order to check the quality of the translation, and to identify whether different words and phrases require literal or more conceptual adjustments (Wild et al., 2005).

To develop a *back translation* of the reconciled Norwegian translation, the finalised forward translation was back translated by a professional translation agency. The original English measure was unknown to the back translator. To compare the original measure and the Norwegian Citizenship Measure, the back translation was reviewed. We discussed the back translation with Rowe and a Norwegian researcher on social inclusion among young adults with co-occurring problems (e.g., Semb et al., 2016; Semb et al., 2019) in order to obtain consensus.

Cognitive debriefing allows for the coherence and clarity of a translated measure to be assessed with members of its intended target group (Wild et al., 2005). In this study, cognitive debriefing sessions were carried out with the objective to test, collect feedback on and evaluate how well the Norwegian Citizenship Measure worked with persons with co-occurring problems. The first author arranged a cognitive debriefing session with a representative from a service user organisation, as well as a session with a resident in municipal supported housing. A third cognitive debriefing session was held with researchers, staff and residents in supported housing in a group setting. During these three meetings, copies of the

forward translation of the Citizenship Measure were handed out, read individually and then reviewed in tandem. Different aspects of the forward translation were discussed in an unstructured manner, covering the relevance of the items and the measure in its entirety for the target group, the content and wording of different items, and so forth. The intent of these sessions was to openly reflect on and discuss whether the topics and items illuminated in the Citizenship Measure appeared relevant for persons with co-occurring problems in a Norwegian context. The first author made notes of all the feedback provided in the cognitive debriefing sessions. The feedback from the cognitive debriefing was finally reviewed and integrated by the translators, resulting in a final translated and adapted measure. After conducting the study, the research team discussed challenges experienced during the study, in order to inform recommendations for further research and development of the measure. See Table 1 for an excerpt of the forward and back translation procedure.

Sample

A convenience sample of 104 persons (76 men, 28 women) with co-occurring problems was recruited in order to assess the measurement properties of the translated Citizenship Measure. The participants were recruited among residents from a total of 21 supported housing sites located across six cities in Norway. The recruited residents all had experience with co-occurring problems, lived at a supported housing site with staff availability, and had rental agreements based on the Norwegian Tenancy Act. Eighty-two of the participants were above the age of 40 years. Eighty-two participants had social security benefits as their main source of income. Seventy-nine participants had resided in their current housing for more than a year, and the most common previous housing situations were residing in one's own housing, being without stable housing or living in supported housing. For further details, see Nesse et al. (2020).

Table 1. Illustration of the translation and adaptation of the Citizenship Measure.

Original item ¹	Independent forward translations ²	Final forward translation ³	Back translation ⁴	Final translation ⁵
“You make a difference in other peoples’ lives (“give back”)" (item 8)	“Du gjør en forskjell i andre personers liv” (R1) “Du betyr noe for andre (“gir noe tilbake”)" (R2) “Du gjør en forskjell i andre folks liv” (R3)	“Den du er betyr noe for andre”	“You mean something to others”	“Den du er og det du gjør har betydning for andre”
“Other people depend on you” (item 32)	“Andre personer stoler på deg/regner med deg/ trenger deg” (R1) “Andre mennesker er avhengige av deg” (R2) “Andre mennesker er avhengige av deg” (R3)	“Andre er avhengige av deg”	“Others are dependent on you”	“Andre er avhengige av deg”

¹Items as phrased in the original Citizenship Measure in English (Rowe et al., 2012). ²Independent forward translations as translated by researcher 1, researcher 2 and researcher 3. ³Final forward translation as agreed upon by the researchers. ⁴Back translation as provided by a professional translation agency. ⁵Final version as agreed upon by the researchers.

Statistical analysis

Descriptive statistics with means, standard deviations and 95% confidence intervals were calculated for all single items, as well as for each of the seven citizenship domains. To assess the internal consistency of the domains, we calculated the Cronbach’s alphas for all items within each domain and examined correlations between the seven domains. An exploratory factor analysis (principal component analysis) was conducted to investigate the factor structure and check how the factors in the Norwegian version resembled the structure in the original version. We used varimax rotation, determined the number of factors based on the scree plot, and suppressed factor loadings below 0.4. To assess convergent validity, we examined correlations between the seven citizenship domains with the five domains of a measure of recovery also used in the study, namely the Recovery Assessment Scale – Revised (Biringner & Tjoflåt, 2018; Corrigan et al., 1999; Giffort et al., 1995). The recovery domains were “Personal confidence and hope”, “Willingness to ask for help”, “Goal and success orientation”, “Reliance on others”, and

“Not dominated by symptoms”, with responses scored on a five-point Likert-scale from 1 (“strongly disagree”) to 5 (“strongly agree”) (Corrigan et al., 1999). The data were analysed using SPSS, version 26.

Ethical considerations

Study participants received written and verbal information about the study, and signed informed consent prior to participating. Participants were informed that participation was voluntary and that their consent could be withdrawn at any time. The study was notified to and recommended by the Norwegian Centre for Research Data (NSD) (Case No. 54661).

Results

Translation and adaptation

Out of the 45 items in the Citizenship Measure, we had some difficulty translating 15 of the items in a manner that was culturally and linguistically meaningful. In order to resolve the identified issues and to ensure that the translated items were close to the core content and

intent of each original item, we contacted Rowe for advice.

In the reconciliation process, a core issue that was addressed concerned the translation of the word “community”. Six items used the term community (e.g., item 6, “You have responsibilities to others in the community”, and item 28, “You can influence your community or local government”), which does not translate directly to Norwegian. In this process we leaned on a discussion of how to translate the word “community” to Norwegian, described in the report *Well-being på norsk (Well-being in Norwegian)* developed by The Norwegian Directorate of Health (Carlquist, 2015). In this report, Carlquist (2015) suggested that there are two ways of understanding “community” in Norwegian: either as a broad and general relational category, “fellesskap” (“togetherness” or “fellowship”), or as a more narrowly defined entity, “nærmiljø”/“lokalsamfunn” (“local community”/“local society”). According to Rowe, the original Citizenship Measure was developed with an emphasis on the latter definition, and this conceptual foundation was therefore highlighted during the translation and adaptation. As there are several ways to translate community understood as an entity into Norwegian, we reviewed the items to reflect the nuances to be found within the different statements. For some items, words such as “nærmiljø” (“local community”, e.g., item 15) or “lokalmiljø” (“local environment”, e.g., item 33) were thought to be appropriate by the forward translators, while in other items, “lokalsamfunn” (“local society”, e.g., item 30) seemed more fitting. “Local environment” was considered suitable in referring to the most immediate local community, such as the neighbourhood, while “local society” was thought to be more fitting in referring to the wider local community.

Another main challenge encountered in the reconciliation concerned the “double-edged” statements (e.g., item 6, “You have or would be given second chances” and item 23, “You have or could have access to adequate and affordable housing”). Five items were double-

edged in the sense of referring both to present as well as past tenses, or to present and future tenses. Furthermore, some items were double-edged in the sense of including more than one object (e.g., item 12, “You have the right to refuse mental or medical healthcare”). Overall, the quest was to find a way to phrase these items so that they had good flow and were meaningful in Norwegian. We also wanted to ensure that the items were straight-forward, as their double-edged nature could involve misunderstandings or complicate the completion of individual items. We attempted to resolve this issue through discussion and through seeking external input, and to revise the items accordingly.

In addition to these two broad categories of challenges, we discussed issues pertaining to particular items. One such issue concerned item 23, which was originally phrased “You have or would have access to adequate and affordable housing”. We found this phrase challenging to translate due to possible discrepancies in what would be considered an adequate or affordable housing situation depending on contextual factors and subjective interpretations. In line with the feedback received when reviewing the translation, we decided to emphasise the person’s access to housing that they deemed suitable for themselves. Another example of issues that were discussed was item 32, “Other people depend on you”. In the discussions, the need to highlight whether others can “count on you” (“regne med deg”) or depend on you (“er avhengige av deg”) was emphasised, as this refers to having the experience of being of value to others, of being needed and depended on.

Furthermore, the relevance of item 40, “You and your family have choices in education”, was discussed, as this item was regarded as potentially less relevant and meaningful in a Norwegian context, where education is public and free for all. In the United States, however, access to opportunities for education may differ more between different groups of citizens. Another issue which may or may not be as

relevant in a Norwegian context is item 36, "You have the right to defend yourself and others". The right to defend oneself is substantially emphasised in the United States, where, for instance, the right to have access to firearms is viewed as important. In Norway, access to firearms is highly regulated and restricted.

We finally worked on adapting the provided examples of services (e.g., item 5, "You would have access to public assistance, if needed (disability, unemployment, natural disaster relief, SSI...)" to better suit the services available and relevant in Norway. We added examples which we assessed were of importance in a Norwegian context, with the target group in mind. Similar adjustments were made for items such as item 8, "You make a difference in other peoples' lives (give back)", as giving back is not a commonly used expression in Norwegian. Instead, we emphasised being of importance for others, through one's actions and ways of being.

The back translation that was produced was highly similar to the original measure, but with certain areas of concern. The back translation was thus reviewed by Rowe. Item 6, "You have been given or would be given second chances" was back translated into "You have been given, or may get, new opportunities". This interpretation failed to capture the meaning of the item, as it was intended to assess the opportunity to get "second chances" if having made wrong choices or had difficulty dealing with something in the past. However, the Norwegian formulation was considered to reflect the original intent adequately. The same issue arose for item 37, "You have privacy", which was back translated into "You have a private life". This back translation referred more to having an "inner life" and being introspective, than to having the privacy and space to withdraw and be alone or with loved ones. However, the Norwegian translation more closely corresponded with the original intent of "privacy", and the issue was thus considered resolved. Apart from a few items which required discussion before being resolved, the general feedback was that the

back translation was in line with the original Citizenship Measure.

In the cognitive debriefing sessions, some participants expressed concern regarding the large number of items. The measure was perceived to be quite comprehensive, and possibly a bit demanding to use with the target group. As such, the utility of developing a short version was discussed. Furthermore, participants expressed concern regarding the so-called double-edged questions, as these were somewhat difficult to interpret. In addition, several group members reported that it could be problematic to include item 16, "You have or would receive fair treatment within the legal system". The item was understood to refer to previous experiences or the possibility of future encounters with the legal system, and this issue was considered sensitive by participants in the cognitive debriefing sessions.

Despite some concern about the length of the measure, we decided to use the full version of the Citizenship Measure in our study, as it was considered important to illuminate all aspects of citizenship covered in the original measure. Additionally, it was considered important to assess the internal consistency and convergent validity of the full measure in order to allow for cross-cultural comparison. With the feedback regarding the item "You have or would receive fair treatment within the legal system" in mind, we chose to exclude this statement from the questionnaires used in our research project, although it is included in the final version of the measure.

Following this initial study using the Norwegian translation of the Citizenship Measure, we consider our translation of the response scale not optimal due to poor coherence with the wording of specific items. During the data collection for the study, several participants commented on this issue. This seems to be partially due to the translators failing to pick up on a linguistic nuance in the original measure, where the original response scale is formulated so that its options can refer to the extent (e.g., "a lot") as well as the frequency ("very often") of an experience. In our translation, however,

we translated the response scale so that it merely referred to the frequencies of experiences. Similarly to the original measure, we used translated descriptions for only three of five response categories, in accordance with how the response scale in the original measure was designed (1 = “not at all/never”, 3 = “sometimes” and 5 = “a lot/very often”). However, the lack of labelling for response categories 2 and 4 could cause confusion, potentially resulting in less nuanced reporting. See Table 2 for all original items in English, the Norwegian translations of these items, and the corresponding domains.

Measurement properties

The highest scores on the domain level were provided for “Legal rights”, and for “Choice” (see Table 3). The sample of residents in supported housing scored lowest for the domains “Government and infrastructure” and “Civil rights”. The internal consistency for the entire measure was high ($\alpha = 0.94$). The internal consistencies for the different domains were the following: “Connectedness” ($\alpha = 0.83$), “Government and infrastructure” ($\alpha = 0.57$), “Caring for others” ($\alpha = 0.63$), “Civil rights” ($\alpha = 0.74$), “Legal rights” ($\alpha = 0.64$), “Choice” ($\alpha = 0.84$), and “Participation” ($\alpha = 0.75$). Furthermore, all citizenship domains were significantly positively correlated (see Table 4). The strongest correlations were found between “Connectedness”, “Civil rights”, “Legal rights” and “Choice”.

The principal component analysis revealed two factors. A total of 18 items loaded on the first factor, which explained 31.5% of the variance, with factor loadings between 0.30 and 0.81. These were items 3, 4, 7, 10, 12, 18, 19, 21, 23, 25, 27, 29, 31, 33, 36, 37, 39 and 41, primarily from the original domains “Civil rights”, “Legal rights” and “Choice”. In total, 10 items loaded on the second factor, explaining 8.8% of the variance, with factor loadings between 0.41 and 0.77. These were items 2, 8, 17, 22, 24, 27, 32, 33, 35, and 38, mainly from

the original domains “Connectedness”, “Caring for others” and “Participation”. Two items, “You are treated with respect and dignity” (item 27) and “You are safe in your community” (item 33), loaded on both factors. The remaining 16 items did not load on any of the two extracted factors.

As for the convergent validity of the measure, the different domains of the Citizenship Measure were significantly positively correlated with the majority of the domains in the Recovery Assessment Scale – Revised (see Table 4). The exceptions were the lack of significant correlations between the citizenship domains “Government and infrastructure” and “Caring for others”, and the recovery domain “Willingness to ask for help”. The strongest correlations were found between the citizenship domains “Connectedness”, “Choice” and “Participation”, and the recovery domains “Personal confidence and hope”, “Goal and success orientation” and “Reliance on others”.

Discussion

The scores on the domain level indicate that persons with co-occurring problems in Norway to a higher degree experience that their legal rights and opportunities to make choices are secured, despite more limited possibilities for exercising civil rights, influencing local political processes and accessing infrastructure. Furthermore, as the correlations between domains show, civil rights, legal rights, connectedness and choice appear to be particularly important aspects of citizenship. The particular value of connectedness and choice has been highlighted in recent research (Ogundipe et al., 2020), thus suggesting that these issues are central aspects of citizenship within the target group. The scores for each respective domain largely correspond to the scores found in a study from the United States, with slightly higher scores in the present study, except for in regard to civil rights and participation, where the Norwegian sample scores lower (O’Connell et al., 2017). This may partially be due to

Table 2. The Citizenship Measure in English and Norwegian.*

Domains	Original items in English <i>How much do you feel that...</i>	Translated items in Norwegian <i>I hvor stor grad føler du at...</i>
Connectedness [Tilhørighet]	You are treated with respect and dignity	Du blir behandlet med respekt og verdighet
	You stand up for what you believe in	Du står opp for det du tror på
	You are included in your community	Du blir inkludert i lokalsamfunnet
	You do things to take care of your home	Du gjør noe for å ta vare på hjemmet ditt
	You have been given or would be given second chances	Du har blitt gitt, eller kan få, nye sjanser
	You are connected to others	Du er knyttet til andre mennesker
	Others feel accepted by you	Andre føler at du aksepterer dem
	You are accepting of others' differences	Du aksepterer at andre er forskjellige fra deg
	Others listen to you	Andre lytter til det du har å si
	You are part of something greater than yourself	Du er en del av noe større enn deg selv
Government and infrastructure [Innflytelse og tilgang til ordinære tjenestetilbud]	You can do what you want with your time	Du kan bruke tiden din slik du vil
	You can influence your community or local environment	Du kan påvirke nærmiljøet og lokale myndigheter
	You have or would have access to jobs	Du har, eller kan få, en jobb
	You have access to services at a bank (e.g., opening an account, getting a loan)	Du har tilgang til banktjenester (f.eks. opprette en konto, ta opp et lån, få tak i kodebrikke, betale regninger)
Caring for others [Relasjoner og omsorg]	You would have access to public assistance, if needed (disability, unemployment, natural disaster relief, SSL...)	Du har tilgang til offentlig støtte hvis nødvendig (f.eks. uføretrygd, dagpenger, bostøtte, osv.)
	You are safe in your community	Du er trygg i ditt lokalmiljø
	You take care of family, friends, children, or pets	Du tar vare på familie, venner, barn, eller kjæledyr
Civil rights [Borgerrettigheter]	You know other people and they know you	Du kjenner andre og de kjenner deg
	Other people depend on you	Andre er avhengige av deg
	You have equal opportunities	Du har muligheter på lik linje med andre
	You have or could have access to adequate and affordable housing	Du har, eller kan få, en bolig som fungerer for deg
	You have choice in where you live	Du har mulighet til å velge hvor du vil bo
	You are not discriminated against	Du blir ikke utsatt for diskriminering
	You have choices in your physical or mental healthcare	Du har valgmuligheter ved bruk av medisinsk eller psykisk helsehjelp
	You have the right to refuse mental or medical healthcare	Du har rett til å nekte medisinsk eller psykisk helsehjelp
Legal rights [Rett til livsnødvendig beskyttelse og hjelp]	You have privacy	Du har et privatliv
	You have access to adequate healthcare	Du har tilgang til nødvendig helsehjelp
	You have or could have access to emergency services (police, fire, ambulance)	Du har, eller kan få, tilgang til øyeblikkelig hjelp (politi, brannvesen, ambulanse, osv.)
	There are laws that will protect you	Det finnes et lovverk som beskytter deg
	You have or would receive fair treatment within the legal system	Du har, eller ville fått, rettferdig behandling i rettsvesenet
	You have the right to protect yourself and others	Du har rett til å beskytte deg selv og andre

(continued)

Table 2. (continued)

Domains	Original items in English <i>How much do you feel that...</i>	Translated items in Norwegian <i>I hvor stor grad føler du at...</i>
Choice [Valgmuligheter]	Your personal decisions and choices are respected	Dine personlige avgjørelser og valg blir respektert
	You have the right to disagree with others	Du har rett til å være uenig med andre
	You have the freedom of worship	Du har trosfrihet
	You can go where you want to go	Du kan bevege deg fritt
	You have choice over what happens to your body	Du bestemmer over kroppen din
	You have the right to be in a relationship with a partner of your choice	Du har rett til å velge partner etter eget ønske
	You can make choices about how you spend your money	Du kan selv bestemme hvordan du vil bruke egne penger
	You and your family have choices in education	Du og din familie har muligheter for utdanning
Participation [Deltakelse og engasjement]	Your basic needs are met	Dine grunnleggende behov blir ivaretatt
	You participate in social and recreational activities	Du deltar i sosiale sammenhenger og fritidsaktiviteter i ditt nærmiljø
	You have responsibilities to others	Du har forpliktelser til andre i lokalsamfunnet
	You have knowledge about your community (e.g., knowledge about current events, policies, services, social events, etc.)	Du har kjennskap til lokalmiljøet (f.eks. aktuelle arrangementer, servicetilbud, regler og normer)
	You take care of the environment	Du tar vare på miljøet
	You make a difference in other people's lives ("give back")	Den du er og det du gjør har betydning for andre

*Response scale: 1 = "not at all/never", 3 = "sometimes" and 5 = "a lot/very often" [1 – "Ikke i det hele tatt/Aldri", 3 – "Noen ganger" og 5 – "Veldig ofte/Alltid"].

contextual differences between Norway and the United States in terms of access to rights and resources (Pettersen & Nesse, 2020). In some respects the Norwegian welfare state may more readily provide its citizens with essential rights and resources, such as access to public support and healthcare, while in other respects, citizens in the United States may be better supported, for instance through a greater emphasis on involvement in the local community and voluntary organisations (Pettersen & Nesse, 2020). Overall, however, the citizenship framework developed by Rowe and colleagues (2012) appears transferrable to a Norwegian context, albeit with some limitations.

The high internal consistency between citizenship domains, and the correlations

between different domains, suggest that the Norwegian translation of the Citizenship Measure is reliable. The Cronbach's alphas for the Norwegian measure correspond with those reported for the original measure by O'Connell et al. (2017), and can be considered adequate (Pallant, 2013). The high overall alpha level, however, suggests that the number of items may be reduced without compromising the integrity of the measure (Pallant, 2013). In this study, we only detected two factors while performing the factor analysis (Abdi & Williams, 2010). The first factor largely consisted of items derived from the original domains concerning civil rights, legal rights and choice. The second factor primarily consisted of items from the

Table 3. Descriptive statistics of Citizenship Measure^{1*} scores among residents with co-occurring problems (N = 104).

	N	M	SD	95% CI
<i>Connectedness</i>	102	3.82	0.75	3.67–3.97
You are treated with dignity and respect	100	3.66	1.24	3.41–3.91
You stand up for what you believe in	98	4.28	1.02	4.07–4.48
You are included in your community	97	3.27	1.45	2.98–3.56
You do things to take care of your home	100	4.12	1.03	3.92–4.32
You are connected to others	100	3.62	1.24	3.37–3.87
You are part of something greater than yourself	96	3.44	1.53	3.13–3.75
Others feel accepted by you	99	3.74	1.17	3.50–3.97
You are accepting of others' differences	98	4.41	1.09	4.19–4.63
Others listen to you	99	3.63	1.17	3.39–3.86
You can do what you want with your time	97	4.02	1.36	3.75–4.30
<i>Government and infrastructure</i>	100	3.45	0.96	3.25–3.64
You would have access to public assistance, if needed	97	4.29	1.21	4.05–4.53
You can influence your community or local government	99	3.01	1.46	2.72–3.30
You have access to services at a bank	100	3.90	1.49	3.60–4.20
You have or would have access to jobs	98	2.57	1.66	2.24–2.90
<i>Caring for others</i>	101	3.57	0.92	3.39–3.75
You take care of family, friends, children, or pets	98	3.67	1.43	3.39–3.96
Other people depend on you	96	3.06	1.38	2.78–3.34
You are safe in your community	96	3.59	1.42	3.31–3.88
You know other people and they know you	98	3.91	1.22	3.66–4.15
<i>Civil rights</i>	101	3.51	0.95	3.33–3.70
You have choices in your physical and/or mental healthcare	100	3.58	1.54	3.27–3.89
You have the right to refuse mental or medical healthcare	98	3.54	1.57	3.23–3.86
You have equal opportunities	97	3.51	1.51	3.20–3.81
You have or could have access to adequate and affordable housing	98	3.64	1.50	3.34–3.94
You have privacy	99	4.00	1.29	3.74–4.26
You are not discriminated against	98	3.31	1.52	3.00–3.61
You have choice in where you live	99	2.99	1.64	2.66–3.32
<i>Legal rights</i>	101	4.13	0.92	3.95–4.31
You have access to adequate healthcare	96	4.13	1.29	3.86–4.39
There are laws that will protect you	97	3.72	1.51	3.42–4.03
You have or could have access to emergency services	98	4.32	1.17	4.08–4.55
You have the right to protect yourself and others	97	4.37	1.09	4.15–4.59
<i>Choice</i>	101	4.04	0.87	3.87–4.22
Your personal decisions and choices are respected	100	3.46	1.28	3.21–3.71
You can go where you want to go	99	4.23	1.25	3.98–4.48
You can make choices about how you spend your money	98	4.07	1.38	3.79–4.35
You have the right to disagree with others	98	4.16	1.25	3.91–4.41
You have choice over what happens to your body	98	4.17	1.31	3.91–4.44
You have the right to be in a relationship with a partner of your choice	95	4.36	1.18	4.12–4.60
You have the freedom of worship	99	4.62	0.89	4.44–4.79
You and your family have choices in education	94	3.78	1.45	3.48–4.07
Your basic needs are met	98	3.78	1.37	3.50–4.05
<i>Participation</i>	101	3.33	0.98	3.14–3.53
You make a difference in other people's lives	97	3.55	1.26	3.29–3.80

(continued)

Table 3. (continued)

	N	M	SD	95% CI
You participate in social and recreational activities in your community	99	2.75	1.50	2.45–3.05
You take care of the environment	98	3.78	1.19	3.54–4.01
You have responsibilities to others in the community	97	3.16	1.59	2.84–3.49
You have knowledge about your community	98	3.46	1.42	3.18–3.74

¹The Norwegian translation of the Citizenship Measure was used. *Possible scores range between 1 (“not at all/never”) and 5 (“very often/always”). Items grouped according to domain. Domains presented in italics.

original domains regarding connectedness, caring for others and participation. The two factors appear to tap into two different aspects of citizenship: citizenship as access to rights and resources, on the one hand, and as social and relational, on the other. In contrast, the original Citizenship Measure consists of seven domains (O’Connell et al., 2017), and the French translation of the Citizenship Measure, employed in Canada, allowed for the extraction of five factors (Pelletier et al., 2015). There are multiple plausible reasons for this difference. Persons with co-occurring problems in Norway who are assigned to municipal supported housing experience significant health challenges and impoverished living conditions (Norwegian Ministries, 2014). As such, there may be less nuance in response patterns for this group in regard to questions measuring citizenship than would be the case for other populations. Alternatively, perhaps citizenship is understood somewhat differently in a Norwegian context, thus resulting in a different factor structure. It may also be that the full 45-item measure is experienced as too comprehensive, resulting in the tendency to provide similar responses across different domains. Finally, the formatting of the scale used in this initial study with the Norwegian translated Citizenship Measure may have been a contributor to the lack of nuance in response patterns.

Given the identification of the two factors and the high Cronbach’s alpha for the measure in its entirety, it is possible that it would be beneficial to simplify and adapt the measure in

Norwegian into a short version consisting of fewer items. This has been done in a study on the experiences of supporting citizenship among practitioners in community services in the United States, resulting in a 12-item brief version (Ponce et al., 2016). It may be useful to use a brief version in clinical settings. The measure in full may, however, work well as an initial self- or other-administered assessment of citizenship. If seeking to develop a short version, this should be done in dialogue with the creators of the original measure (Rowe et al., 2012). The present study indicates that two dimensions are of particular importance in this regard; namely formal citizenship, including rights, resources and the opportunity to choose, as well as relational citizenship, through connectedness, relationships and participation.

The positive correlations between the different citizenship domains and the domains of the Recovery Assessment Scale – Revised (Biringger & Tjoflåt, 2018; Corrigan et al., 1999; Gifford et al., 1995) support the assumption that citizenship and recovery are interrelated constructs, with citizenship being a possible basis for recovery (Pelletier et al., 2015; Rowe & Davidson, 2016). The relationship between citizenship and recovery has been referred to as “recovering citizenship” (Rowe & Davidson, 2016) and “civic-recovery” (Pelletier et al., 2015). The strength of the correlations overall, however, indicates that citizenship is somewhat different from recovery, thus demonstrating the convergent validity of the measure (Strauss & Smith, 2009). The relationships between the

Table 4. Correlations between citizenship and recovery domains among residents with co-occurring problems (N = 104).

	1	2	3	4	5	6	7	8	9	10	11	12
1. CM – Connectedness	1.00	0.47**	0.65**	0.71**	0.61**	0.71**	0.60**	0.39**	0.33**	0.38**	0.44**	0.23*
2. CM – Government and infrastructure	0.47**	1.00	0.35**	0.59**	0.55**	0.43**	0.48**	0.22*	0.18	0.35**	0.30**	0.23*
3. CM – Caring for others	0.65**	0.35**	1.00	0.51**	0.36**	0.37**	0.66**	0.30**	0.17	0.31**	0.36**	0.20*
4. CM – Civil rights	0.71**	0.59**	0.51**	1.00	0.75**	0.73**	0.47**	0.32**	0.34**	0.33**	0.30**	0.24*
5. CM – Legal rights	0.61**	0.55**	0.36**	0.75**	1.00	0.72**	0.35**	0.25*	0.27**	0.29**	0.33**	0.21*
6. CM – Choice	0.71**	0.43**	0.37**	0.73**	0.72**	1.00	0.36**	0.37**	0.25*	0.21*	0.31**	0.27**
7. CM – Participation	0.60**	0.48**	0.66**	0.47**	0.35**	0.36**	1.00	0.37**	0.23*	0.36**	0.35**	0.29**
8. RAS – Personal confidence and hope	0.39**	0.22*	0.30**	0.32**	0.25*	0.37**	0.37**	1.00	0.55**	0.62**	0.39**	0.32**
9. RAS – Willingness to ask for help	0.33**	0.18	0.17	0.34**	0.27**	0.25*	0.23*	0.55**	1.00	0.46**	0.27**	0.29**
10. RAS – Goal and success orientation	0.38**	0.35**	0.31**	0.33**	0.29**	0.21*	0.36**	0.62**	0.46**	1.00	0.35*	0.23*
11. RAS – Reliance on others	0.44**	0.30**	0.36**	0.30**	0.33**	0.31**	0.35**	0.39**	0.27**	0.35**	1.00	0.18
12. RAS – Not dominated by symptoms	0.23*	0.23*	0.20*	0.24*	0.21*	0.27**	0.29**	0.32**	0.29**	0.23*	0.18	1.00

*p ≤ 0.05. **p ≤ 0.01.

Table 5. Overview of items grouped according to domain.*

Domain	Items in domain
Connectedness [Tilhørighet]	6, 7, 11, 13, 17, 26, 27, 30, 31, 35, 42
Government and infrastructure [Innflytelse og tilgang til ordinære tjenestetilbud]	5, 28, 43, 45
Caring for others [Relasjoner og omsorg]	9, 32, 33, 38
Civil rights [Borgerrettigheter]	10, 12, 14, 23, 34, 37, 44
Legal rights [Rett til livsnødvendig beskyttelse og hjelp]	2, 16, 21, 25, 36
Choice [Valgmuligheter]	1, 3, 4, 18, 19, 29, 39, 40, 41
Participation [Deltakelse og engasjement]	8, 15, 20, 22, 24

*Mean scores for domains are calculated by adding all items in the domain, divided by number of items.

citizenship domains concerning connectedness, choice and participation, and the recovery issues of personal confidence and hope, goal and success orientation, and reliance on others, were the strongest in this study. It may be that the aspects of citizenship that pertain to autonomy and relationships with others are especially important in regard to personal recovery (Tew et al., 2012). More socially oriented measures of recovery may be more intertwined with citizenship.

We recommend that researchers or practitioners who want to use the Norwegian translation, or develop it further, stay mindful of linguistic and cultural nuances. Concepts such as “community” require careful consideration in order to secure accurate representation. Moreover, some items and issues may be less applicable to the Norwegian context. Below we provide an overview of the items grouped by domain (see Table 5), and the outline of a proposed final version of the Norwegian translation of the Citizenship Measure (see Table 6).

Table 6. Final version of the Norwegian translation of the Citizenship Measure.

Vennligst les påstandene nedenfor og sett kryss for hvor enig eller uenig du er i hver enkelt påstand. <i>I hvor stor grad føler du at...</i>	I svært liten grad/Aldri	I liten grad	I noen grad/Av og til	I stor grad	I svært stor grad/Alltid
	1	2	3	4	5
1. Dine personlige avgjørelser og valg blir respektert					
2. Du har tilgang til nødvendig helsehjelp					
3. Du kan bevege deg fritt					
4. Du kan selv bestemme hvordan du vil bruke egne penger					
5. Du har tilgang til offentlig støtte hvis nødvendig (f.eks. uføretrygd, dagpenger, bostøtte, osv.)					
6. Du har blitt gitt, eller kan få, nye sjanser					
7. Du kan bruke tiden din slik du vil					
8. Den du er og det du gjør har betydning for andre					
9. Du tar vare på familie, venner, barn, eller kjæledyr					
10. Du har valgmuligheter ved bruk av medisinsk eller psykisk helsehjelp					
11. Du gjør noe for å ta vare på hjemmet ditt					
12. Du har rett til å nekte medisinsk eller psykisk helsehjelp					
13. Du aksepterer at andre er forskjellige fra deg					
14. Du har muligheter på lik linje med andre					
15. Du deltar i sosiale sammenhenger og fritidsaktiviteter i ditt nærmiljø					
16. Du har fått, eller vil kunne få, rettferdig behandling i rettsvesenet					
17. Andre lytter til det du har å si					
18. Du har rett til å være uenig med andre					
19. Du bestemmer over kroppen din					
20. Du tar vare på miljøet					
21. Det finnes et lovverk som beskytter deg					
22. Du har forpliktelser til andre i lokalsamfunnet					
23. Du har, eller kan få, en bolig som fungerer for deg					
24. Du har kjennskap til lokalmiljøet (f.eks. aktuelle arrangementer, tjenestetilbud, og beslutningsprosesser)					
25. Du har, eller kan få, tilgang til øyeblikkelig hjelp (politi, brannvesen, ambulanse, osv.)					
26. Andre føler at du aksepterer dem					
27. Du blir behandlet med respekt og verdighet					
28. Du kan påvirke nærmiljøet og lokale myndigheter					
29. Du står fritt til å velge partner					
30. Du blir inkludert i lokalsamfunnet					
31. Du står opp for det du tror på					
32. Andre er avhengige av deg					
33. Du er trygg i ditt lokalmiljø					
34. Du blir ikke utsatt for diskriminering					
35. Du er knyttet til andre mennesker					
36. Du har rett til å beskytte deg selv og andre					

(continued)

Table 6. (continued)

Vennligst les påstandene nedenfor og sett kryss for hvor enig eller uenig du er i hver enkelt påstand. <i>I hvor stor grad føler du at...</i>	I svært liten grad/Aldri 1	I liten grad 2	I noen grad/Av og til 3	I stor grad 4	I svært stor grad/Alltid 5
37. Du har et privatliv					
38. Du kjenner andre og de kjenner deg					
39. Du har trossfrihet					
40. Du og din familie har muligheter for utdanning					
41. Dine grunnleggende behov blir ivaretatt					
42. Du er en del av noe som er større enn deg selv					
43. Du har tilgang til banktjenester (f.eks. opprette en konto, ta opp et lån, få tak i kodebrikke, betale regninger)					
44. Du har mulighet til å velge hvor du vil bo					
45. Du har, eller kan få, en jobb					

Conclusions and implications for practice and further research

The Norwegian translation of the Citizenship Measure displays adequate internal consistency and convergent validity. It can be a useful tool in assessing citizenship among persons with co-occurring problems, and can be used to implement efforts to strengthen citizenship in this target group. It may, however, be useful to develop a short version of the measure using item-reduction techniques, while ensuring that the most culturally relevant domains of citizenship are covered. In the context of co-occurring problems in Norway, rights and resources may be of particular relevance, along with relational citizenship. Further research should evaluate the psychometric properties of the Norwegian translated measure with other target groups in the landscape of substance use and mental health. Assessments of the test–retest reliability of the measure would also be key. To further assess its convergent validity, future studies should examine the relationship between the Citizenship Measure and other measures of related constructs, such as social recovery and recovery capital.

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ORCID iD

Linda Nesse  <https://orcid.org/0000-0001-6956-1154>

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