

# Norwegian Sheep Are an Important Reservoir for Human-Pathogenic *Escherichia coli* O26:H11

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A previous national survey of *Escherichia coli* in Norwegian sheep detected *eae*-positive (*eae*<sup>+</sup>) *E. coli* O26:H11 isolates in 16.3% (80/491) of the flocks. The purpose of the present study was to evaluate the human-pathogenic potential of these ovine isolates by comparing them with *E. coli* O26 isolates from humans infected in Norway. All human *E. coli* O26 isolates studied carried the *eae* gene and shared flagellar type H11. Two-thirds of the sheep flocks and 95.1% of the patients harbored isolates containing *arcA* allele type 2 and *espK* and were classified as enterohemorrhagic *E. coli* (EHEC) (*stx* positive) or EHEC-like (*stx* negative). These isolates were further divided into group A (EspK2 positive), associated with *stx*<sub>2-EDL933</sub> and *stcE*<sub>O103</sub>, and group B (EspK1 positive), associated with *stx*<sub>1a</sub>. Although the *stx* genes were more frequently present in isolates from patients (46.3%) than in those from sheep flocks (5%), more than half of the ovine isolates in the EHEC/EHEC-like group had multiple-locus variable number of tandem repeat analysis (MLVA) profiles that were identical to those seen in *stx*-positive human O26:H11 isolates. This indicates that EHEC-like ovine isolates may be able to acquire *stx*-carrying bacteriophages and thereby have the possibility to cause serious illness in humans. The remaining one-third of the sheep flocks and two of the patients had isolates fulfilling the criteria for atypical enteropathogenic *E. coli* (aEPEC): *arcA* allele type 1 and *espK* negative (group C). The majority of these ovine isolates showed MLVA profiles not previously seen in *E. coli* O26:H11 isolates from humans. However, according to their virulence gene profile, the aEPEC ovine isolates should be considered potentially pathogenic for humans. In conclusion, sheep are an important reservoir of human-pathogenic *E. coli* O26:H11 isolates in Norway.

*Escherichia coli* O26:H11/nonmotile (NM) comprises atypical enteropathogenic *E. coli* (aEPEC) as well as Shiga toxin-producing *E. coli* (STEC). aEPEC O26 possesses *eae*, which encodes the adhesin intimin, a protein essential for forming attaching and effacing (A/E) lesions (21, 27, 34). In contrast to typical EPEC, aEPEC does not carry the EPEC adherence factor (EAF) plasmid encoding bundle-forming pili (Bfp) (54). aEPEC O26 is considered an emerging pathogen and is an important cause of diarrhea among children in developed countries (54). In addition to the *eae* gene, STEC O26 isolates contain genes encoding Shiga toxins (Stx), which are the major determinants of STEC pathogenicity. These strains may cause diarrhea as well as more severe illness such as hemorrhagic colitis (HC) and hemolytic uremic syndrome (HUS) in humans (33). STEC strains associated with human disease are designated enterohemorrhagic *E. coli* (EHEC) (38). EHEC O26 has emerged as the most common non-O157 EHEC serogroup and is frequently associated with human disease and outbreaks worldwide (5, 33, 38, 42).

EHEC and aEPEC O26:H11/NM strains are considered genetically closely related (3, 60) and share multiple non-*stx* virulence and fitness genes (9). Recently, phenotypic and genotypic analyses divided EHEC and aEPEC O26:H11/NM strains into two major clusters (36, 39). One of the clusters contained both aEPEC and EHEC O26:H11/NM isolates characterized by nonfermentation of rhamnose and dulcitol (RDF<sup>-</sup>), motile and nonmotile members, the type 2 allele of the aerobic respiratory control protein A (*arcA* gene), the type III secretion system (T3SS) secreted effector protein EspK (*espK* gene), and a plasmid encoding EHEC hemolysin (*ehxA* gene). The other cluster possessed only aEPEC O26:NM strains which fermented rhamnose and dulcitol (RDF<sup>+</sup>) and contained the allele type 1 of the *arcA* gene and a plasmid

encoding  $\alpha$ -hemolysin ( $\alpha$ -*hly* gene) (15, 17, 36, 39). aEPEC O26 isolates belonging to the former cluster have recently been designated EHEC-like, since except for the production of Stx, they contained all the features of the studied EHEC O26 strains (13–15). Moreover, a previous study has reported a dynamic system between EHEC-like and EHEC O26:H11/NM human strains in which bidirectional conversion occurs, where members lose and gain *stx*-carrying phages (8).

Ruminants are considered one of the largest reservoirs of *E. coli* O26 strains (2, 33, 36, 40). The majority of the animals carrying *E. coli* O26 are healthy, although *E. coli* O26 has been isolated from calves and lambs with diarrhea (10, 19, 22, 24). The prevalence of STEC O26 in sheep has been reported as low (11, 26, 52, 63). In contrast, aEPEC O26 is more common in sheep and is one of the main aEPEC serogroups present (2, 24, 30, 35). In Norway, a few previous studies investigated the prevalence of STEC in sheep, but no STEC O26 was detected (55, 56). A recent national survey, however, reported STEC and aEPEC in 0.8% and 15.9% of sheep flocks, respectively (50).

Humans may become infected with pathogenic *E. coli* O26 strains through ingestion of contaminated foods or drinking water, through direct contact with carrier animals or their fecal material, or by person-to-person spread (18, 33). However, the

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knowledge of the potential of ovine *E. coli* O26 strains as human pathogens is limited. Only a few studies comparing a small number of *E. coli* O26 isolates from sheep and patients have been performed (15, 36, 39). To our knowledge, no studies have evaluated the human-pathogenic potential of ovine *E. coli* O26 isolates from a nationwide survey by characterizing and comparing them with *E. coli* O26 isolates from human patients infected within the same geographical area.

The aim of the present study was to evaluate the human-pathogenic potential of ovine *eae*<sup>+</sup> *E. coli* O26:H11 isolates identified during a nationwide survey of Norwegian sheep flocks (50) by comparing them with *E. coli* O26 strains isolated from humans infected in Norway. The isolates were examined for 17 virulence-associated genes, and *stx*-positive isolates were subtyped. Molecular serotyping and rhamnose and dulcitol fermentation were investigated. In addition, the allelic type of the *arcA* gene was determined, and the isolates were analyzed by multiple-locus variable number of tandem repeat analysis (MLVA) and pulsed-field gel electrophoresis (PFGE).

## MATERIALS AND METHODS

***E. coli* O26 strains.** A consecutive series of *E. coli* O26 strains isolated from 46 humans infected in Norway from January 2002 through September 2010 was obtained from the strain collection at the Reference Laboratory at the Norwegian Institute of Public Health (NIPH). From each of three patients, two *E. coli* O26 isolates were received at NIPH, and both were included in the present study. Three small family outbreaks, comprising two or three patients, were detected during this period. However, only the index patient from each outbreak was included in the present study, giving a total number of 41 patients. All patients had diarrhea, and four developed HUS (data from the Norwegian Surveillance System for Communicable Diseases [MSIS]). The patients included were from 15 of the 19 Norwegian counties.

A total of 89 ovine *eae*<sup>+</sup> *E. coli* O26:H11 isolates from a national survey of *E. coli* in sheep were included. The isolates originated from 80 flocks (one isolate per flock). From eight flocks, two or three isolates were included because they showed discrepancy in *stx*, MLVA, and/or PFGE profiles (50). The 80 sheep flocks were located within 15 counties of Norway. The *stx*<sub>1</sub>, *stx*<sub>2</sub>, *eae*, *bfpB*, and *astA* status and the PFGE and MLVA profiles, as well as the flagellar antigens, for the ovine isolates have previously been determined (50).

**Isolation of *E. coli* O26.** Pure cultures of human clinical *E. coli* isolates were received at NIPH from several different Norwegian medical microbiological laboratories. A variety of isolation methods had been employed, including procedures enabling the detection of non-O157 serotypes. At NIPH the *E. coli* serotype was determined by agglutination with *E. coli* O26 (SIFIN, Germany) and H11 (SSI, Denmark) antisera. Isolation of the ovine *E. coli* O26 has previously been described by Sekse et al. (50).

**Rhamnose and dulcitol fermentation.** Fermentation of rhamnose and dulcitol was tested in phenol red broth base supplemented with 1% of the respective carbohydrate. Strains were inoculated, and fermentation results were determined after 24 h of incubation at 37°C. *E. coli* O157:H7 strain EDL933 was used as a positive control fermenting rhamnose and dulcitol.

**Preparation of DNA.** Suspensions of bacterial cells were boiled for 15 min and centrifuged at 14,500 rpm for 1 min. The supernatant was used directly in the PCR for virulence gene profiling, single nucleotide polymorphism (SNP) genotyping, and MLVA.

**Molecular serotyping and examination of virulence genes.** Typing of O26 lipopolysaccharide (*wzx*<sub>O26</sub> gene) and flagellar antigen H11 (*fliC*<sub>H11</sub> gene) was performed on the human isolates by PCR as described by DebRoy et al. (25) and Lindstedt et al. (unpublished data), respectively. Seventeen virulence-associated genes were investigated by multiplex PCR (M-PCR) or singleplex PCR. Gene characteristics, primers, PCR condi-

tions, and positive-control strains used are listed in Table 1. Primers were designed using the Primer Select module from the DNASTAR Lasergene version 8.0 software (DNASTAR, Inc.). The specificity of each primer pair was verified by direct sequencing of the PCR product of the positive control (data not shown). For all M-PCRs, the Qiagen multiplex PCR kit (Qiagen) was used with a total volume of 25 µl, and 1 µl of DNA was applied. PCR products were diluted 1:10 (M-PCRs A and B), 1:15 (M-PCR C), or 1:50 (M-PCR D) prior to capillary electrophoresis. Capillary electrophoresis was run either on an Agilent 2100 Bioanalyzer with the DNA 1000 LabChip kit series II prepared and loaded with samples as recommended by the manufacturer (Agilent Technologies) (M-PCRs A to C) or on an ABI PRISM 3130xl Genetic Analyzer (Applied Biosystems) (M-PCR D). In M-PCR D, each EspK forward primer was labeled with a fluorochrome at the 5' end, and 1 µl diluted PCR product (1:50) was mixed with 0.5 µl of GeneScan 600LIZ size standard (Applied Biosystems) and 9 µl HiDi formamide (Applied Biosystems). The samples were denatured, and the capillary electrophoresis was run for 20 min at 60°C using POP7 polymer (Applied Biosystems) with an injection voltage of 1.2 kV for 23 s and a running voltage of 15 kV. For data analysis, GeneMapper software v4.0 (Applied Biosystems) was used. The gene encoding 16S rRNA (*rrs*) was used as an internal amplification control in M-PCRs A to D. Detection of the *astA* gene (PCR E) was performed as described previously (62) (Table 1).

***stx* subtyping.** Subtypes of *stx*<sub>1</sub> were identified by PCR as described by Scheutz et al. (F. Scheutz et al., unpublished data). The following EHEC control strains (serotype, *stx*<sub>1</sub> subtype) were included in each run: EDL933 (O157:H7, *stx*<sub>1a</sub>), DG131/3 (O174:H8, *stx*<sub>1c</sub>), and MHI813 (O8:H19, *stx*<sub>1d</sub>).

The *stx*<sub>2</sub> subtypes were determined using PCR restriction fragment length polymorphism (RFLP) followed by electrophoresis (by modifications of the methods described in references 49 and 32) and sequencing (46). Positive EHEC controls included in the PCR-RFLP analyses (serotype, *stx*<sub>2</sub> subtype) were as follows: EDL933 (O157:H7, *stx*<sub>2-EDL933</sub>), E32511 (O157:H-, *stx*<sub>2c</sub>), and B2F1 (O91:H21, *stx*<sub>2d-activatable</sub>).

**Genotyping.** The C/T SNP at position 430 in the *arcA* gene, which distinguishes *arcA* allele type 1 (SNP T) from *arcA* allele type 2 (SNP C), was detected by real-time PCR as described by Bugarel et al. (15). The analyses were performed with a StepOnePlus real-time PCR system (Applied Biosystems), and the following positive controls (pathotype and serotype) (*arcA* allele detected) were used: CB00159 (aEPEC O26:NM) (*arcA* allele type 1) and CB09703 (EHEC O26:H11) (*arcA* allele type 2). Each sample and positive control were run in triplicate.

The human *E. coli* O26 strains were genotyped with MLVA as described by Lindstedt et al. (37) and by PFGE using the protocol recommended by PulseNet (48), with some minor modifications (50). PFGE banding patterns for ovine and human isolates were compared using a combination of visual inspection and the BioNumerics software program, version 6.1 (Applied Maths NV, Ghent, Belgium). A dendrogram was generated using the band-based Dice similarity coefficient and the unweighted pair group method using a geometric average (UPGMA), with 1.1% position tolerance and 0.8% optimization. A cutoff level of 97% similarity was used to define a PFGE profile. Cluster analysis of the MLVA types was performed with BioNumerics v6.1 software (Applied Maths NV) using the categorical coefficients and the Ward algorithm.

**Statistical analyses.** The presence of virulence genes in *E. coli* O26 isolates from sheep flocks and patients was compared using Fisher's exact test (two-tailed) (GraphPad Software, Inc., CA). The level for a statistically significant correlation was set to a *P* value of ≤0.05.

## RESULTS

**Rhamnose and dulcitol fermentation.** All except two of the patients (39/41, 95.1%) yielded *E. coli* O26 isolates which fermented neither rhamnose nor dulcitol (RDF<sup>-</sup>), whereas 45% (36/80) of the sheep flocks carried isolates with this phenotype (*P* < 0.0001). Of the remaining sheep flocks, 35% (28/80) had isolates which

TABLE 1 PCR primers and conditions for analyzed genes in ovine and human *E. coli* O26:H11 isolates from Norway

PCR <sup>a</sup>	Gene	Predicted product <sup>b</sup>	Primer direction <sup>c</sup>	Primer sequence (5'→3')	PCR product size (bp)	Primer concn (μM)	Annealing temp (°C)	Positive-control strain <sup>d</sup>	Reference
A	<i>stx</i> <sub>1</sub>	Shiga toxin 1	F	AAATCGCCATTTCGTTGACTACTTCT	370	0.2	57	FH-Ba-654	12
			R	TGCCATTCTGGCAACTCGCGATGCA					
	<i>stx</i> <sub>2</sub>	Shiga toxin 2	F	GGAATGCAAATCAGTCGTCCTC	420	0.2	57	FH-Ba-654	47
			R	GCCTGTGCCAGTTATCTGACA					
	<i>eae</i>	Intimin	F	CATTGATCAGGATTTTCTGGT	510	0.4	57	FH-BA-654	J. Blanco, personal communication, 2006
R			TCCAGAATAATATTGTTATTACG						
<i>ehxA</i>	EHEC hemolysin	F	AAACAACGGGAAGGAGAG	233	0.4	57	FH-Ba-654	20	
		R	ACAACATCCAGCCCA						
<i>bfpB</i>	Bundle-forming pilus B	F	GATAAACTGATACTGGGCAGC	826	0.2	57	FH-Ba-666	41	
		R	AGTGACTGTTCCGGGAAGCAC						
B	<i>subA</i>	Subtilase cytotoxin A	F	TATGGCTTCCTCATTGCC	556	0.2	57	98NK2	45
			R	TATAGCTGTTGCTTCTGACG					
	<i>cdtB</i>	Cytotolethal distending toxin B	F1	GAAAGTAAATGGAATATAAATGTCCG	466	0.2	57	<i>E. coli</i> with p600 plasmid E6468/62	53
			R1	AAATCACCAAGAATCATCCAGTTA					
			F2	GAAAATAAATGGAACACACATGTCCG	466	0.2	57		53
			R2	AAATCTCCTGCAATCATCCAGTTA					
	<i>nleB</i>	Non-LEE-encoded T3SS secreted effector protein	F	GGAAGTTGTTCACAGAGACG	297	0.2	57	FH-Ba-654	61
			R	AAAATGCCGCTTGATACC					
	<i>stcE</i>	Secreted protease of EHEC	F	AGCCCGCATGATAATAAAAAAT	419	0.2	57	FH-Ba-654	This study
			R	CGGAGCGGAACCACTGAC					
<i>stcE</i> <sub>O103</sub>	Secreted protease of EHEC O103	F	ACCGGATTCAGCAAGTGG	366	0.2	57	1106-1182	This study	
		R	CGTTTCGCGGTATTCA						
<i>saa</i>	STEC autoagglutination adhesin	F	CGTGATGAACAGGCTATTGC	119	0.2	57	98NK2	44	
		R	ATGGACATGCCTGTGGCAAC						
C	<i>efa1</i>	EHEC factor for adherence	F	ACGCGCTCCTTGGTCTGG	290	0.2	57	E45035	This study
			R	TTGATGGTCGCTTTGGGATTC					
	<i>lpfA</i> <sub>O113</sub>	Major fimbrial subunit of LPF <sub>O113</sub>	F	GCATTCACTGGCATCTCTA	498	0.2	57	EH41	This study
			R	CGTTACGGTCGCATTGG					
	<i>lpfA</i> <sub>R141</sub>	Major fimbrial subunit of LPF <sub>R141</sub>	F	GTTGACGCGCTTGTGTTGTG	403	0.2	57	83/89	This study
R			AGTCGACTTCAGCGTTACC						
<i>yjaA</i>	Hypothetical protein	F	ATGAGGGCGGTTTGTACACAGG	133	0.2	57	<i>E. coli</i> HS	This study	
		R	ATTGCCAGGACCGCACTATCACT						
D	<i>espK</i>	<i>E. coli</i> secreted protein K	F1	6-FAM-GCCGGCCTTGCTTGTGTTTT	504	0.2	57	FH-Ba-654	This study
			R1	ATACTGCCGGAGATACTTC					
			F2	NED-GTAGCGGACACTCTCTGG	385	0.2	57	FH-Ba-654	23
			R2	GACATTCTGCTCCTATTCCG					
A, B, and D <sup>e</sup>	<i>rrs</i>	16S rRNA	F	CCCCCTGGACGAAGACTGAC	401	0.2	57	<i>E. coli</i> HS	59
			R	ACCGCTGGCAACAAAGGATA					
C			F	CGTGGGGAGCAAACAGGATTAGAT	369	0.2	57	<i>E. coli</i> HS	This study
			R	CGGACCCTGGCAACAAAGGATA					
E	<i>astA</i>	<i>E. coli</i> heat-stable enterotoxin 1	F	CCATCAACACAGTATATCCGA	111	0.2	55	O42	62
			R	GGTCGCGAGTGACGGCTTTGT		0.2			

<sup>a</sup> The following PCR temperature profiles were used in M-PCRs A to D: 95°C for 15 min; 30 cycles of 94°C for 30 s, 57°C for 90 s, and 72°C for 90 s; and a final extension step at 72°C for 10 min.

<sup>b</sup> EHEC, enterohemorrhagic *E. coli*; LEE, locus of enterocyte effacement; T3SS, type III secretion system; STEC, Shiga toxin-producing *E. coli*; LPF, long polar fimbriae of EHEC R141 (LPF<sub>R141</sub>) or EHEC O113 (LPF<sub>O113</sub>).

<sup>c</sup> F, forward; R, reverse.

<sup>d</sup> DNA from the following *E. coli* positive-control strains (pathotype and serotype) was used in PCRs A to E: FH-Ba-654 (EHEC O157:H7), FH-Ba-666 (typical EPEC [tEPEC] O?: H?), 98NK2 (EHEC O113:H21), *E. coli* with plasmid p600, E6468/62 (EPEC O86:H34), 1106-1182 (aEPEC O103:H25), E45035 (EHEC O111:H-), EH41 (EHEC O113:H21), 83/89 (EPEC O15:H-), *E. coli* HS (commensal *E. coli* O9:H4), and O42 (enteroaggregative *E. coli* [EAEC] O44:H18).

<sup>e</sup> In M-PCR D, the forward primer was labeled with VIC at the 5' end.

fermented rhamnose and dulcitol (RDF<sup>+</sup>), and 21.3% (17/80) harbored isolates fermenting only rhamnose (RDF<sup>+/-</sup>). One sheep flock contained both an RDF<sup>+</sup> isolate and an RDF<sup>-</sup> isolate (Table 2).

**Molecular serotyping and virulence gene profiling.** Molecular serotyping confirmed that all human isolates belonged to sero-

type O26:H11. Furthermore, all human *E. coli* O26:H11 isolates contained the *eae* gene, and *stx*-positive isolates were present in 46.3% (19/41) of the patients. Thirteen of the human isolates from 12 patients harbored *stx*<sub>1</sub>, whereas eight isolates from seven patients contained *stx*<sub>2</sub> (Table 3). None isolates carried both *stx*<sub>1</sub> and *stx*<sub>2</sub>. In contrast, *stx* genes were detected in *E. coli* O26:H11 isolates

**TABLE 2** Characteristics of *E. coli* O26:H11 isolates from patients (*n* = 41) and sheep flocks (*n* = 80) in Norway

Genetic group	Source <sup>a</sup> ( <i>n</i> )	EspK <sup>b</sup> ( <i>n</i> )	<i>arcA</i> allele ( <i>n</i> )		<i>stx</i> subtype ( <i>n</i> )		<i>stcE</i> <sub>O103</sub> ( <i>n</i> )	No. of PFGE profiles seen in both sources ( <i>n</i> )	No. of MLVA profiles seen in both sources ( <i>n</i> )	Pathotype <sup>d</sup>		
			RDF <sup>c</sup> ( <i>n</i> )	<i>ehxA</i> ( <i>n</i> )								
A	Patients (15)	2 (15)	2 (15)	– (15)	+	(14)	<i>stx</i> <sub>2-EDL933</sub> (7)	+	(5)	2 (4)	5 <sup>e</sup> (12)	EHEC/EHEC-like
	Sheep flocks (17)	2 (17)	2 (17)	– (17)	+	(15)	<i>stx</i> <sub>2-EDL933</sub> (3)	+	(10)	2 (5)	4 (17)	
B	Patients (22)	1 and 2 (22)	2 (22)	– (22)	+	(22)	<i>stx</i> <sub>1a</sub> (12)	–	(22)	1 (1)	4 (8)	EHEC/EHEC-like
	Sheep flocks (37)	1 and 2 (37)	2 (37)	– (20 <sup>f</sup> )	+	(35)	<i>stx</i> <sub>1a</sub> (1)	–	(37)	1 (1)	6 <sup>f</sup> (31)	
A/B	Patients (2)	– (2)	2 (2)	– (2)	+	(2)	– (2)	–	(2)	1 (1)	– (2)	EHEC/EHEC-like
	Sheep flocks (1)	– (1)	2 (1)	– (1)	+	(1)	– (1)	–	(1)	– (1)	1 <sup>h</sup> (1)	
C	Patients (2)	– (2)	1 (2)	+	(2)	– (2)	– (2)	–	(2)	– (2)	1 (1)	aEPEC
	Sheep flocks (28)	– (28)	1 (28)	+	(28)	– (28)	– (28)	–	(28)	– (28)	1 (1)	

<sup>a</sup> Three of the sheep flocks within group A harbored *E. coli* isolates also included within group B, A/B, or C.

<sup>b</sup> 2, PCR primer EspK2 present; 1 and 2, PCR primers EspK1 and EspK2 present; –, *espK* not present.

<sup>c</sup> –, nonfermentation of rhamnose and dulcitol; +, fermentation of rhamnose and dulcitol.

<sup>d</sup> EHEC and EHEC-like pathotypes as defined by Bugarel et al. (15).

<sup>e</sup> One of the MLVA profiles seen in isolates from patients within group A was identical to the MLVA profile observed in an ovine isolate within group B.

<sup>f</sup> Two of the MLVA profiles in the isolates from sheep flocks within group B were detected in isolates from patients within group A.

<sup>g</sup> The remaining 17 sheep flocks had isolates which fermented rhamnose but not dulcitol.

<sup>h</sup> The MLVA profile seen in the ovine isolate within group A/B was identical to an MLVA profile seen in human group A and B isolates.

from only four of the sheep flocks (4/80; 5%), of which three flocks contained isolates with *stx*<sub>2</sub> and one flock had *stx*<sub>1</sub>-positive isolates (Table 3) (50). *stx*<sub>1a</sub> and *stx*<sub>2-EDL933</sub> were the only *stx* subtypes identified in the *stx*-positive isolates of both ovine and human origin. The virulence genes *nleB*, *efa1*, *lpfA*<sub>R141</sub>, and *lpfA*<sub>O113</sub> were present in all the *E. coli* O26:H11 isolates, independent of source (Table 3). *ehxA*, *espK*, and *stcE*<sub>O103</sub> were detected in isolates from 92.7% (38/41), 90.2% (37/41), and 12.2% (5/41) of the patients, respectively, whereas these genes were found in isolates from 60% (48/80) (*ehxA*), 63.8% (51/80) (*espK*), and 12.5% (10/80) (*stcE*<sub>O103</sub>) of the sheep flocks (Table 3). Discrepancies in the presence of *ehxA*, *espK*, and *stcE*<sub>O103</sub> were seen in isolates from three of the sheep flocks from which two or three *E. coli* O26:H11 isolates were examined. The *astA* gene was rarely detected (in isolates from one sheep flock and one patient only). None of the *E. coli* O26:H11 isolates, regardless of origin, contained *bfpB*, *subA*, *cdtB*, *stcE*, *saa*, or *yjaA* (Table 3). Differences in frequencies of virulence genes among *E. coli* O26:H11 isolates from patients and sheep flocks

were seen for *stx*<sub>1</sub> (*P* < 0.0001), *stx*<sub>2</sub> (*P* = 0.0172), *ehxA* (*P* = 0.0002), and *espK* (*P* = 0.0040) (Table 3).

**Genotyping.** *arcA* allele type 1 was detected in isolates from 4.9% (2/41) of the patients and 35% (28/80) of the sheep flocks, whereas *arcA* allele type 2 was present in isolates from 95.1% (39/41) of the patients and 66.3% (53/80) of the sheep flocks (*P* = 0.0003). From one sheep flock, two isolates with different *arcA* allele type were obtained (one with *arcA* allele type 1 and another with *arcA* allele type 2) (Table 2).

Eighteen different MLVA profiles were observed in *E. coli* O26:H11 isolates from 41 patients (Fig. 1). From three patients, two isolates were included, and in each case both isolates from the same patient showed identical MLVA profiles. More than half of the patients (21/41; 51.2%) harbored isolates with one of four MLVA profiles (6-0-0-8-3-4-1, 6-0-0-8-3-6-1, 6-1-0-8-3-4-1, and 6-1-0-8-3-5-1). Compared with the 22 MLVA profiles previously identified in the ovine *E. coli* O26:H11 isolates (50), as many as 62.5% (50/80) of the sheep flocks harbored

**TABLE 3** Frequencies of 17 examined virulence-associated genes in *E. coli* O26:H11 isolates from sheep flocks (*n* = 80) and patients (*n* = 41) in Norway

Source ( <i>n</i> )	Frequency, % ( <i>n</i> )																
	<i>eae</i>	<i>stx</i> <sub>1</sub>	<i>stx</i> <sub>2</sub>	<i>ehxA</i>	<i>bfpB</i>	<i>subA</i>	<i>cdtB</i>	<i>nleB</i>	<i>stcE</i>	<i>stcE</i> <sub>O103</sub>	<i>saa</i>	<i>efa1</i>	<i>lpfA</i> <sub>O113</sub>	<i>lpfA</i> <sub>R141</sub>	<i>astA</i>	<i>espK</i> <sup>a</sup>	<i>yjaA</i>
Sheep flocks (80)	100 (80)	1.25 (1 <sup>b</sup> )	3.75 (3 <sup>c</sup> )	60 (48 <sup>d</sup> )	0 (0)	0 (0)	0 (0)	100 (80)	0 (0)	12.5 (10 <sup>e</sup> )	0 (0)	100 (80)	100 (80)	100 (80)	1.25 (1)	63.8 (51 <sup>f</sup> )	0 (0)
Patients (41)	100 (41)	29.3 (12 <sup>g</sup> )	17.1 (7 <sup>h</sup> )	92.7 (38)	0 (0)	0 (0)	0 (0)	100 (41)	0 (0)	12.2 (5)	0 (0)	100 (41)	100 (41)	100 (41)	2.2 (1)	90.2 (37)	0 (0)
Statistical significance	NS <sup>i</sup>	<i>P</i> < 0.0001	<i>P</i> = 0.0172	<i>P</i> = 0.0002	NS	NS	NS	NS	NS	NS	NS	NS	NS	NS	NS	<i>P</i> = 0.0040	NS

<sup>a</sup> At least one of the two PCR primers (EspK1 and EspK2) must be present for an isolate to be classified as *espK* positive.

<sup>b</sup> This sheep flock (2007-60-10644) yielded two *stx*<sub>1</sub>-positive isolates and one *stx*-negative isolate.

<sup>c</sup> One of the flocks (2007-60-10714) harbored both an *stx*<sub>2</sub>-positive isolate and an *stx*-negative isolate.

<sup>d</sup> One of the flocks (2007-60-10714) contained both an *ehxA*-positive isolate and an *ehxA*-negative isolate.

<sup>e</sup> Three of the flocks (2007-60-10714, 2007-60-12610, and 2007-60-10644) harbored one isolate that carried *stcE*<sub>O103</sub> and one or two additional isolates without this virulence gene.

<sup>f</sup> Two of the flocks (2007-60-10714 and 2007-60-12610) had one *espK*-positive isolate and one *espK*-negative isolate.

<sup>g</sup> One patient had two *stx*<sub>1</sub>-positive isolates (FHI-1106-1767 and FHI-1106-1768).

<sup>h</sup> One patient had two *stx*<sub>2</sub>-positive isolates (FHI-1108-0073 and FHI-1108-0074).

<sup>i</sup> NS, not statistically significant.





**TABLE 4** MLVA profiles detected in different genetic groups (A to C and A/B) of *E. coli* O26:H11 isolates from Norwegian sheep flocks and patients

MLVA profile	No. of patients (H) or sheep flocks (S) with isolates of group <sup>a</sup> :							
	A		B		A/B		C	
	H	S	H	S	H	S	H	S
6-0-0-8-3-x-x	10	17	12	29			1	
6-0-0-3-3-x-x			2	7				
6-1-0-8-3-x-x	4		7	1	2			
5-3-0-8-3-x-x								21
6-3-0-8-3-x-x							2	6
Other MLVA profiles	1		1	1				1
Total	15	17	22	38 <sup>b</sup>	2	1	2	28

<sup>a</sup> Three of the sheep flocks (2007-60-10644, 2007-60-12610, and 2007-60-10714) had isolates included in more than one genetic group.

<sup>b</sup> One of the sheep flocks (2007-60-9145) had two isolates, one with MLVA profile 6-0-0-8-3-x-x and another with MLVA profile 6-1-0-8-3-x-x.

2 and Fig. 1). On the other hand, the PFGE profiles demonstrated diversity, though five sheep flocks within group A had isolates with PFGE patterns identical to the ones found in human isolates (Table 2). The isolates from all four patients with HUS included in the present study belonged to group A.

Group B comprised isolates from 22 (53.7%; 22/41) patients and 37 (46.3%; 37/80) sheep flocks from 10 and 12 counties, respectively. One of the sheep flocks also harbored an isolate included within group A. Group B isolates contained both EspK1 and EspK2 as well as *arcA* allele type 2 and were classified as EHEC or EHEC-like depending on the presence of *stx* (15) (Table 2). All human isolates were RDF<sup>-</sup>, whereas approximately half of the ovine isolates were RDF<sup>+/-</sup>. *ehxA* was present in the majority of the isolates, regardless of source. All *stx*<sub>1a</sub>-positive isolates belonged to group B. With few exceptions, the group B isolates exhibited MLVA profiles 6-0-0-8-3-x-x and 6-1-0-8-3-x-x (Table 4). The majority of the ovine isolates had MLVA profiles (all seven loci) identical to the ones found among human isolates (Table 2 and Fig. 1). Fifty different PFGE patterns were observed, and one sheep flock contained *E. coli* O26:H11 with a PFGE profile identical to that seen in isolates from one of the patients (Table 2).

Group A/B comprised three isolates from two patients and one sheep flock, originating from three different counties. The sheep flock also had an isolate belonging to group A. These *E. coli* O26:H11 isolates were *espK* negative, but the other genetic characteristics resembled those of groups A and B, and they were therefore assigned to group A/B (Table 2).

Group C comprised isolates from two patients (4.9%; 2/41) and 28 sheep flocks (35%; 28/80) originating from 2 and 10 counties, respectively. One of the sheep flocks also carried a group A isolate. All isolates in group C lacked both EspK1 and EspK2 and showed *arcA* allele type 1 (Table 2). They were therefore designated aEPEC (15). RDF positivity was detected in all isolates, and none harbored the virulence gene *stx*, *ehxA*, or *stcE*<sub>O103</sub>. The human isolates and seven ovine isolates from six sheep flocks exhibited MLVA profile 6-3-0-8-3-x-x; however, the majority of the ovine isolates had MLVA profile 5-3-0-8-3-x-x (Table 4). Only one sheep flock (2007-22-748-51-2) in group C had an isolate with

an MLVA profile (seven loci) identical to the one seen in a human isolate examined in the present study (Fig. 1). In group C, 21 different PFGE patterns were detected, and none of the ovine isolates had PFGE profiles identical to those seen in humans (Table 2).

## DISCUSSION

Worldwide, including in Norway, EHEC O26 has been reported as one of five serogroups most frequently associated with severe disease in humans (5, 33, 43). aEPEC O26 also has commonly been isolated from patients in Norway (MSIS). Recently, the prevalence of *E. coli* O26 in Norwegian sheep flocks was published, and the ovine isolates were genotyped and further characterized by the presence of *eae*, *stx*, and *astA* (50). The purpose of the present study was to explore the pathogenic potential of *eae*<sup>+</sup> *E. coli* O26:H11 isolates from Norwegian sheep flocks by further examination of virulence-associated genotypic factors and comparison with *E. coli* O26 isolates from patients infected in Norway from January 2002 through September 2010.

As many as 68.8% (55/80) of the sheep flocks and almost all (95.1%; 39/41) patients investigated harbored *E. coli* O26:H11 fulfilling the criteria for EHEC or EHEC-like strains as set by Bugarel et al. (15). Because truncated fragments of *espK* have formerly been reported (23), PCR primers located both at the 3' end (EspK1) and the 5' end (EspK2) of the *espK* gene were used in our study. Interestingly, the two EspK primer pairs enabled differentiation of the EHEC/EHEC-like genetic group into group A (EspK2 positive) and group B (EspK1 positive). MLVA was able to distinguish between EHEC/EHEC-like (groups A, B, and A/B) and aEPEC (group C) isolates of O26:H11, regardless of origin, a finding which is in agreement with data presented by Miko et al. (39). However, group A and group B isolates could not be discerned with MLVA. The effect of truncated *espK* and its role in virulence remains unknown (58). Importantly, the *stx*-positive group A isolates from both sheep and patients were associated with *stx*<sub>2-EDL933</sub>, whereas the *stx*-positive group B isolates, independent of origin, were related to *stx*<sub>1a</sub>. Both *stx* subtypes have been associated with severe disease in humans (28, 29), although *stx*<sub>2-EDL933</sub> is the subtype most frequently associated with HUS (7). This is in agreement with our findings, because isolates from all four HUS patients included in the present study carried *stx*<sub>2-EDL933</sub> and were assigned to group A. Another characteristic seen in approximately half of the human and ovine group A isolates was the presence of *stcE*<sub>O103</sub>, a homologue of *stcE* (39) that promotes the formation of A/E lesions and inhibits the inflammatory system (31, 51). This result therefore further supports the pathogenic potential of the group A isolates. Nearly all group A, B, and A/B isolates, independent of origin, carried *ehxA*, a virulence gene assumed to be important in EHEC pathogenesis (6, 7). *stx*-positive isolates were more frequently observed in *E. coli* O26:H11 from patients than in those from sheep flocks. Nevertheless, more than half of the ovine isolates in groups A, B, and A/B showed MLVA profiles (seven loci) also detected in human EHEC isolates (containing *stx*), a finding indicating that gain or loss of *stx*-carrying phages may occur during infection, in the guts of reservoir animals or elsewhere in the transmission chain. On the other hand, the human isolates exhibiting MLVA profiles identical to those seen among ovine isolates within group C were all classified as aEPEC (the

present study and reference 39). Coexistence of *stx*-positive and *stx*-negative O26 isolates in the human intestine has been described previously (8). This may lead to gain of *stx*-carrying phages in EHEC-like isolates and give rise to severe illness in humans (8, 38). Both *in vivo* and *in vitro* studies have shown gain of *stx*-carrying bacteriophage and production of active Stx in *E. coli* O26 lysogens (8, 38). The absence of *stx*-carrying phage in ovine EHEC-like O26:H11 isolates, as seen in the majority of our isolates, may give the pathogens an advantage by enabling them to avoid lysis in the gastrointestinal tract. However, during human infection these *stx*-negative bacteria may represent a suitable target for transduction by *stx*-carrying phages released from other Stx-producing *E. coli* bacteria (38). It is also important to emphasize that even if the ovine EHEC-like O26:H11 isolates do not gain *stx*-carrying phages, they have to be considered human pathogens due to their virulence gene profile (1, 16, 57). Although the PFGE profiles were very heterogeneous among *E. coli* O26:H11 isolates, a few isolates from sheep and patients showed identical PFGE profiles, and these were all assigned to group A or B.

Based on our findings, all of the group A, B, and A/B isolates of *E. coli* O26:H11 from Norwegian sheep should be considered pathogenic to humans. Since *stx*<sub>2-EDL933</sub> is more often associated with severe disease such as HC and HUS (7), the group A isolates are of special concern with regard to human pathogenicity.

Approximately one-third (28/80) of the sheep flocks and two (2/41) of the patients had isolates characterized as aEPEC (assigned to group C). The MLVA profile 5-3-0-8-3-x-x, which was found in the majority of the group C ovine isolates, was not seen in humans. Only one of the ovine isolates in group C had an MLVA profile (6-3-0-8-3-9-1) identical to the one seen in a human isolate. However, group C isolates from four other sheep flocks had MLVA profiles (6-3-0-8-3-4-1 or 6-3-0-8-3-7-1) previously described for human *E. coli* O26, but these isolates were from patients infected in Brazil (39). Although the group C isolates lacked typical EHEC genes such as *stx*, *ehxA*, and *espK*, their virulence gene profile (*eae*, *nleB*, *efa1*, *lpfA*<sub>R141</sub>, and *lpfA*<sub>O113</sub>) indicates that these *E. coli* O26:H11 isolates cannot be considered nonpathogenic to humans (1, 16, 57).

The genes *nleB* and *efa1*, located on O island 122 (OI-122), as well as the fimbrial genes *lpfA*<sub>O113</sub> and *lpfA*<sub>R141</sub>, were present in all human and ovine *E. coli* O26:H11 isolates, in agreement with previous findings (4, 36). In contrast, *yjaA* was absent from all isolates. Previous clinical studies have shown that the presence of OI-122 genes and absence of *yjaA* were associated with diarrhea in patients infected with aEPEC (1, 57). Recently, a close relationship between the presence of the *nleB* gene and highly virulent EHEC and EPEC strains was found (16). The virulence genes *ehxA* and *espK* have both been associated with EHEC pathogenesis (6, 31, 51, 58), and this may explain the skewed distribution of these genes between *E. coli* O26:H11 isolates from patients and sheep flocks observed in the present study. The majority of the patients harbored EHEC/EHEC-like isolates, whereas approximately one-third of the ovine isolates were classified as aEPEC. However, due to study design differences, caution should be taken when comparing isolates from sheep and humans. The ovine isolates originated from a nationwide study based on random sampling, whereas the human isolates are from patients from whom isolates were sent to the strain collection at the NIPH. Since fecal samples

are not taken at a regular basis from patients with less severe symptoms such as nonbloody diarrhea, considerable underdiagnosis of patients with illness caused by *E. coli* O26:H11 must be expected.

In conclusion, our study showed that more than two-thirds of the sheep flocks harbored *E. coli* O26:H11 isolates classified as EHEC or EHEC-like. The genotypic characteristics described in the present study further support the hypothesis that EHEC-like O26:H11 isolates from sheep might have the ability to acquire *stx*-carrying bacteriophages and give rise to severe illness in humans. Furthermore, approximately one-third of the sheep flocks carried *E. coli* O26:H11 isolates classified as aEPEC. However, due to their virulence gene profile, these ovine isolates might have a pathogenic potential in humans. Our results suggest that sheep are an important reservoir for human-pathogenic *E. coli* O26:H11 isolates in Norway.

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